



**This Week At  
Santa Monica Windjammers Yacht Club  
May 19 – May 25, 2014**

**Great Wednesday Roast Dinner, Saturday Open House, our booth at Boat Show and MarinaFest, Club Boat rides for visitors, and Crab Feast, Sunday Hot Dog Party and Regatta for Hope with DRYC, and that was just last week**

SMWYC and DRYC want to thank all participants for making this a great event benefiting the City of Hope. Here is a link to the write up in Sailing World. Photo's by Tamie Rae, article by Andy Kotepzky

<http://www.sail-world.com/USA/Perfect-sailing-conditions-in-the-14th-annual-City-of-Hope-Regatta/122323>

I guess that pretty well summarizes another great week, and I probably missed a few other wonderful things that happened at the club last week! We will add photos to web site as they are forwarded to me.

Forward and Onward!

Fred Weinhart

Commodore

**Now for this and next week's events:**

**Wednesday, May 21 – Another Mouth Watering Gourmet Dinner**



After an effusive MarinaFest and lots of weekend activities, it would be wise to sit back, relax and start salivating for what your "Gourmet Chef" Vice Commodore Themis Z. Glatman is preparing for your "No Cooking Wednesday". Yes, it is true, Summer is almost here and she will delight you with the taste of the good life.

For starters, we will have Mini Skewered Roma Tomatoes, Cheese and Baked Asparagus as appetizers followed by a Spring Greens Salad with Blueberries, Vegetables and Goat Cheese

The coup d'etat will be the Balsamic Glazed Baby Back Ribs accompanied by Truffled Baked Potatoes with the vegetable being Broccoli and Spinach in Garlic Oil

A variety of desserts and flavored coffees will complement your dining experience.

You will agree that this is a great meal that can be had for only \$14.00 (\$17.00 without reservations if available) with a simple reservation to [reservations@smwyc.org](mailto:reservations@smwyc.org) or (310) 827-7692 ext. 3

You will enjoy the food, the drinking and the friendship of all your club members and bring a guest to show off.

## **Thursday, May 22 - Junior Program Spring After School Sailing**

The program continues every Thursday at 4 pm, see JUNIORS at [www.smwyc.org](http://www.smwyc.org) for more information.

## **Weight Watchers meet every Thursday, 10am and 5:30pm**

Weight Watchers are now meeting regularly on most Thursdays, except holidays, in our club house dining room. Registration and weigh ins are 30 minutes prior to meeting start times. Initial visits are free and special rates are being offered to our members. Please stop by the club at the above times to get more information from the program coordinators.

## **Friday, May 23 – Bar opens at 5 pm**

See Home page at [www.smwyc.org](http://www.smwyc.org) for updates on Happy Hour appetizers.

## **Friday, May 23 – Monday, May 26 – Memorial Day Cruise**

Canceled.

## **Sunday, May 25 – Barbeque Race #2**

Not only will it be a fun racing day followed by barbeque utensils as prizes, but this day will mark the beginning of our “Cook-It-Yourself” barbeque Sundays where our bar manager Danny and his helpers will provide plates, utensils, and sides for those purchasing from him a variety of ready-to-cook items such as hamburgers, hot dogs, Polish sausages, chicken breasts, and maybe a steak or two. Please remember that members will not be permitted to bring their own food to barbeque during these “Cook-It-Yourself” barbeque weekends once the bar is open.

Our Open House Sundays with live entertainment will continue - **Zeriman & Fritz** will entertain in our bar 4pm – 8pm.

## **More upcoming events:**

### **Band Schedule**

In addition to the master calendar and these reminders, the Band Schedule for the rest of May and for June is now also posted in the right column of all pages of our web site so please refer to it when in doubt!

## **Sunday, June 8 – Scavenger Hunt Paddle**

This event will be held on anything that floats and requires a paddle or an oar to propel it. We invite Kayakers; Stand up Paddle Boarders, Rowers, and Dinghy Owners.

Participants in the Scavenger Hunt will be given a score card with instructions on items to hunt and collect. The person with the most collected items in the end will be declared the winner. Tons of prizes will be given. Extra credit will be given to participants with the best theme or costume! See NOR at [www.smwyc.org](http://www.smwyc.org)

## **Monday, June 16 – Junior Program Summer Sessions begin**

**Summer Sessions** include instruction Monday – Thursday mornings beginning June 16, 2014. Full sessions are in three week modules so we can present the entire curriculum. We understand three weeks might not be possible for everybody so sessions may be selected in weekly increments. Special pickup and drop off time may be arranged based upon existing demands and instructor availability. Be sure to contact us with your specific needs.

To arrange a private tour, for more information or to discuss donations to help us build a better program, please email us at [juniors@smwyc.org](mailto:juniors@smwyc.org) or call (310) 827-7692 ext. 122

## **Monday, June 23 – Life Line Screening**

We are pleased to offer this preventive health event. Life Line Screening, a leading provider of community-based preventive health screenings, will host their affordable, non-invasive and painless health screenings on /23/2014. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis.

Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. In order to register for this event and to receive a \$10 discount off any package priced above \$129, please call 1-888-653-6441 or visit [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners).

## Saturday, June 28 – Channel Islands to MdR Race

46 NM - - A Short Long-Distance Race

Channel Islands & Santa Monica Windjammers Yacht Clubs

PHRF, Cruiser & ORCA Classes

Think about it . . . Then sign up! There's hospitality galore at both ends!

Perpetual Trophies for 1<sup>st</sup> to Finish, 1<sup>st</sup> Corrected, & Yacht Club w/ Most Entries!

Individual Trophies by Class

Make it a long weekend or an early start to your 4<sup>th</sup> of July holiday

....whether you're traveling north for the start or after the finish!

- Pre-Race Guest Berths: CI Harbor
- Friday, June 27 - CIYC Hospitality & Dinner
- Saturday, June 28 – Start: 1100 Hours  
Finish, Guest Berths: MdR
- Sunday, June 29 – SMWYC Trophy Awards

NOR, SIs, and Entry Forms at [www.CIYC.com](http://www.CIYC.com) and [www.SMWYC.org](http://www.SMWYC.org)

## Officer of the Day Schedule

The **updated O.D. schedule** is now posted on our web site. Use the link in the OFFICER OF THE DAY button about a third of the way down in the right column of the Home page at [www.smwyc.org](http://www.smwyc.org) so please check your assignments and if you have any questions, please contact **Rear Commodore Mike Cross** at [rearcommodore@smwyc.org](mailto:rearcommodore@smwyc.org) or see below:

To make it a little more interesting, the names in bold indicate that there is an event or private party that day, so you may expect more activity which makes the day a little less boring, and we have music almost every Sunday at 4:30.

**Plus we are offering a new incentive:** after your shift, you are invited upstairs for beverage on the house (draft beer, house wine, well drink, or soft drink) as a 'thank you' for participating in the O.D. assignment. For those shifts that the bar is not yet open, just bring a copy of your **completed O.D. log page** to the bartender which shows that you did your shift, and he will honor the incentive.

**A—Shift is from 9:00 am—1:30 pm**

**B - Shift is from 1:30 pm—6:00 pm**

24-May	Bach, Stacy	Bach, James
<b>25-May</b>	<b>Need volunteer</b>	<b>Toomim, Rick</b>
31-May	<b>Need volunteer</b>	Smith, Vic
1-Jun	Rodriguez, Pedro	Rodriguez, Patricia
7-Jun	Bernal, Luz	Steffey, Darrell
8-Jun	Berg, Al	McCormick, Mary
14-Jun	Brewster, Jimmy	Via, Bea
15-Jun	Page, Keith	Lentz, Blaine