



**This Week At
Santa Monica Windjammers Yacht Club
May 26 – June 1, 2014**

We took a break...

After the previous weekend's hectic activities, we all sort of took a break over Memorial Day weekend and took a deep breath to give us the energy to get back into the swing of things. And we had a couple of private parties on short notice and a last minute visit from a group from Bahia Corinthian YC. With VC Themis Glatman playing chef and boat delivery crew in the South and Mid Atlantic, Keith Page prepared a great although not too well attended, Wednesday night dinner, but at least Lee and his crew got plenty of food to eat! No grumbles, just reality, after all we are still recovering from the activities of the last two weekends. I am sure that things will pick up by next week again.

My apologies for the delayed This Week updates, but it really has been rather hectic. Although we now post virtually all events on our calendar and on the web site, some of you related to me that you found it difficult to make dinner reservations without the weekly email which always also includes the email link reservations@smwyc.org. We found a solution! I have added a button in the right hand column of the web site called DINNER RESERVATIONS EMAIL just below the THIS WEEK heading. You can now click on it and it will open up your email window to the reservations email address just like the highlighted link above and the same link in the weekly email has done for you. Please try it, no more excuses for not reserving.

And please take a closer look at the Upcoming Events Calendar on the Home page of www.smwyc.org and experiment a little. Note that you can click on the listed items and in many cases it will open another window with additional information and at times a link to the flyer for that event. Also try clicking on the tabs in the upper right hand corner of the calendar screen and it will change from the default Agenda format to monthly display like you were used to seeing in Sea Sounds. Did you try it? Isn't it great! Although we have lost a couple of members who passed over the bar or left the area, the good news is that we are steadily picking up more new members and I hope that you will welcome them at the next Orientation and Welcome dinner next Wednesday, June 4.

Forward and Onward!

Fred Weinhart

Commodore

Now for this and next week's events:

Thursday, May 29 - Junior Program Spring After School Sailing

The program continues every Thursday at 4 pm, see JUNIORS at www.smwyc.org for more information.

Weight Watchers meet every Thursday, 10am and 5:30pm

Weight Watchers are now meeting regularly on most Thursdays, except holidays, in our club house dining room. Registration and weigh ins are 30 minutes prior to meeting start times. Initial visits are free and special rates are being offered to our members. Please stop by the club at the above times to get more information from the program coordinators.

Friday, May 30 – Bar opens at 5 pm

See Home page at www.smwyc.org for updates on Happy Hour appetizers.

Sunday, June 1 – Sunday Cook it Yourself BBQ & Leslie Nesbitt Band

Our Open House Sundays with live entertainment will continue with entertainment in our bar 4pm – 8pm.

More upcoming events:

Sunday, June 8 – Scavenger Hunt Paddle

This event will be held on anything that floats and requires a paddle or an oar to propel it. We invite Kayakers; Stand up Paddle Boarders, Rowers, and Dinghy Owners.

Participants in the Scavenger Hunt will be given a score card with instructions on items to hunt and collect. The person with the most collected items in the end will be declared the winner. Tons of prizes will be given. Extra credit will be given to participants with the best theme or costume! See NOR at www.smwyc.org

Unkle Monkey Band will entertain in bar starting at 4 pm.

Wednesday, June 4 – New Member Welcome and Orientation, Dinner, and Presentation

We will have a New Member Orientation June 4th. If you have never attended or would like a refresher on how to get involved with your club please attend. We will have a presentation after dinner by a representative from the MDR Historical Society on how the Marina transformed from Mud lake to what it is today. Please let me know if you are planning to attend.

Monday, June 16 – Junior Program Summer Sessions begin

Summer Sessions include instruction Monday – Thursday mornings beginning June 16, 2014. Full sessions are in three week modules so we can present the entire curriculum. We understand three weeks might not be possible for everybody so sessions may be selected in weekly increments. Special pickup and drop off time may be arranged based upon existing demands and instructor availability. Be sure to contact us with your specific needs.

To arrange a private tour, for more information or to discuss donations to help us build a better program, please email us at juniors@smwyc.org or call (310) 827-7692 ext. 122

Monday, June 23 – Life Line Screening

We are pleased to offer this preventive health event. Life Line Screening, a leading provider of community-based preventive health screenings, will host their affordable, non-invasive and painless health screenings on /23/2014. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis.

Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. In order to register for this event and to receive a \$10 discount off any package priced above \$129, please call 1-888-653-6441 or visit www.lifelinescreening.com/community-partners.

Saturday, June 21 – Summer Solstice Party with Unkle Monkey

See www.smwyc.org for flyer and details on this event being organized by former Vice Commodore Vicki DeLuca. Thank you Vicki! And please start working on the Chili Cookoff too!

Saturday, June 28 – Channel Islands to MdR Race

46 NM - - A Short Long-Distance Race

Channel Islands & Santa Monica Windjammers Yacht Clubs

PHRF, Cruiser & ORCA Classes

Think about it . . . Then sign up! There's hospitality galore at both ends!

Perpetual Trophies for 1st to Finish, 1st Corrected, & Yacht Club w/ Most Entries!

Individual Trophies by Class

Make it a long weekend or an early start to your 4th of July holiday

....whether you're traveling north for the start or after the finish!

- Pre-Race Guest Berths: CI Harbor
- Friday, June 27 - CIYC Hospitality & Dinner
- Saturday, June 28 – Start: 1100 Hours
Finish, Guest Berths: MdR
- Sunday, June 29 – SMWYC Trophy Awards

NOR, SIs, and Entry Forms at www.CIYC.com and www.SMWYC.org

Officer of the Day Schedule

The **updated O.D. schedule** is now posted on our web site. Use the link in the OFFICER OF THE DAY button about a third of the way down in the right column of the Home page at www.smwyc.org so please check your assignments and if you have any questions, please contact **Rear Commodore Mike Cross** at rearcommodore@smwyc.org or see below:

To make it a little more interesting, the names in bold indicate that there is an event or private party that day, so you may expect more activity which makes the day a little less boring, and we have music almost every Sunday at 4:30.

Plus we are offering a new incentive: after your shift, you are invited upstairs for beverage on the house (draft beer, house wine, well drink, or soft drink) as a ‘thank you’ for participating in the O.D. assignment. For those shifts that the bar is not yet open, just bring a copy of your **completed O.D. log page** to the bartender which shows that you did your shift, and he will honor the incentive.

A—Shift is from 9:00 am—1:30 pm

B - Shift is from 1:30 pm—6:00 pm

31-May		Need volunteer		Smith, Vic
1-Jun		Rodriguez, Pedro		Rodriguez, Patricia
7-Jun		Bernal, Luz		Steffey, Darrell
8-Jun		Berg, Al		McCormick, Mary
14-Jun		Brewster, Jimmy		Via, Bea
15-Jun		Page, Keith		Lentz, Blaine