



**These Weeks At  
Santa Monica Windjammers Yacht Club  
June 16 – June 22, 2014**

Here we grow again, and again....

The **Junior Program** started the first Summer Session this Monday with the first class filled to capacity. With two instructors now, it is in full swing and we expect additional sign ups by next week.

The **hoist** has been repaired and even the lights now work after dark – just in time for next Sunset Series launching!

This **Wednesday's dinner** will be a **Welcome and Orientation Session** for all new members and for all those not so new who have never attended Orientation. Since many **Fairwind YC** members did not apply in the initial round of application approvals, we are welcoming all of them to join us for dinner, meet and greet us, and consider joining our club. Dinner will be available to all attendees at member prices. Please see below and make [reservations@smwyc.org](mailto:reservations@smwyc.org) as soon as possible.

Our **Summer Solstice Party**, organized by Vicki Deluca, is being widely advertised and hopefully will be a crowd pleaser with Uncle Monkey Band, Danny's Rum Bar, BBQ Rib dinner, and dancing wherever you can find a spot! Please see the flyer below and on our web site and make [reservations@smwyc.org](mailto:reservations@smwyc.org).

We have also added several new enhancements to our web site, including a new tab generically labeled **MDR DEVELOPMENT** which provides multiple direct links to issues of interest to boaters and residents in Mdr. I will be updating it as new documents are issued.

And your Commodore will be on vacation and not too easy to reach next week, so the rest of our crew, especially V/C Themis will have to step in as necessary but please go easy on them!

Forward and onward, I am still proud of us!

Fred Weinhart

Commodore

Now for this and next week's events:

## Monday through Thursday, June 16 to June 19 - Junior Program Summer Sessions

Summer Sessions include instruction Monday – Thursday mornings. Full sessions are in three week modules. Since three consecutive weeks may not be possible for all, the sessions may be selected in weekly increments. For more information, see our web site at [smwy.org](http://smwy.org) or email us at [juniors@smwyc.org](mailto:juniors@smwyc.org).

## Wednesday, June 18 – Sunset Series Races and New Member Orientation Dinner

V/C, **Themis Z. Glatman** is back and cooking again. Heer's the menu:



Appetizer of Smoked Oysters in a Pistachio based dip over crackers

Green Salad with Grilled Eggplant in a Light Champagne dressing

Coconut infused Seafood mix of Fish and Shrimp

Brown Rice with Exotic Spices

Baked Banana Almondine

Seasonal Fruit Salad to remind you of the flavor of the Islands

Flavored regular and decaf coffee

Yes and all of this for the bargain price of \$14.00 with reservations (\$17.00 without if food available) by going to our website or at [reservations@smwyc.org](mailto:reservations@smwyc.org)

So come on over and join not only your friends, but come to hear the stories from the racers and meet some of your newest members from Fairwinds Yacht Club, let's show them a good time.

## **Weight Watchers meet every Thursday, 10am and 5:30pm**

Weight Watchers are now meeting regularly on most Thursdays, except holidays, in our club house dining room. Registration and weigh ins are 30 minutes prior to meeting start times. Initial visits are free and special rates are being offered to our members. Please stop by the club at the above times to get more information from the program coordinators.

## **Friday, June 20 – Third Friday Happy Hour - Bar opens at 5 pm**

S/C Charlene will again host Happy Hour with discounted drinks and free appetizers.

I said FREE, so what is keeping you away?

## **Saturday, June 21 – Summer Solstice Party at 5:30 p.m.**



**Summer Solstice Party**  
**Saturday, June 21, 2014**

 **Santa Monica Windjammers Yacht Club**  
13589 Mindanao Way, Marina del Rey [smwyc.org](http://smwyc.org)

**5:30 p.m. Dancing to live music by  
Uncle Monkey Band  
plus Danny's special  
rum bar on the patio**

**6:30 p.m. Delicious Rib Dinner  
for only \$15.00  
(\$20 without reservations)**

**SMWYC - the place to be to  
kick off Summer!**

Reservations required:  
[reservations@smwyc.org](mailto:reservations@smwyc.org)  
or 310-827-7692, Ext 3

The poster features a blue and yellow color scheme with a sun-like background at the top. The bottom half is decorated with several blue daisies with yellow centers and green stems. The text is arranged in a clear, bold font, with the event details and reservation information clearly separated.

## **Sunday, June 22 – BBQ Series Race 3 followed by Sunday Cook it Yourself BBQ and Zerimar & Fritz Guitarists**

See race entry information at [smwyc.org](http://smwyc.org). Our Open House Sundays with barabeque and live entertainment will continue in our bar 4 pm – 8 pm.

## **More upcoming events:**

### **Monday, June 23 – Life Line Screening**

We are pleased to offer this preventative health event. Life Line Screening, a leading provider of community-based preventive health screenings, will host their affordable, non-invasive and painless health screenings on 6/23/2014. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis. Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. In order to register for this event and to receive a \$10 discount off any package priced above \$129, please call 1-888-653-6441 or visit [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners).

### **Saturday, June 28 – Channel Islands to MdR Race**

NOR, SIs, and Entry Forms at [www.CIYC.com](http://www.CIYC.com) and [www.SMWYC.org](http://www.SMWYC.org)

### **Officer of the Day Schedule – Coming Soon!**